



IMPORTANT INFORMATION FOLLOWING BOTULINUM TOXIN TYPE A TREATMENT

1. Do not massage the treated area at all. If the area is washed, pat dry very gently with a soft towel. Do not rub the treated area for 48 hours.
2. Do not bend excessively or lie down for at least 4 hours.
3. Do exercise the treated muscles by tensing them and relaxing them for the first hour after treatment.
4. Botulinum Toxin takes from 2 to 14 days to become effective. This is dependent on the strength of the muscles injected and the individual response.
5. If the degree of muscle relaxation is not as you would wish, please contact your practitioner.
6. Finally, treatment with Botulinum Toxin is temporary and to maintain the effects, treatment is recommended every 3 to 6 months.